

# MAMMOGRAPHY, ULTRASOUND & BONE DENSITOMETRY EXAM REMINDERS

**Santa Fe Imaging Appointment:** \_\_\_\_\_

**Bring with you to exam:** Signed physician's order, films or CD of prior related exams, insurance cards  
Please arrive 15 minutes prior to exam or we may have to reschedule your appointment.

## MAMMOGRAMS

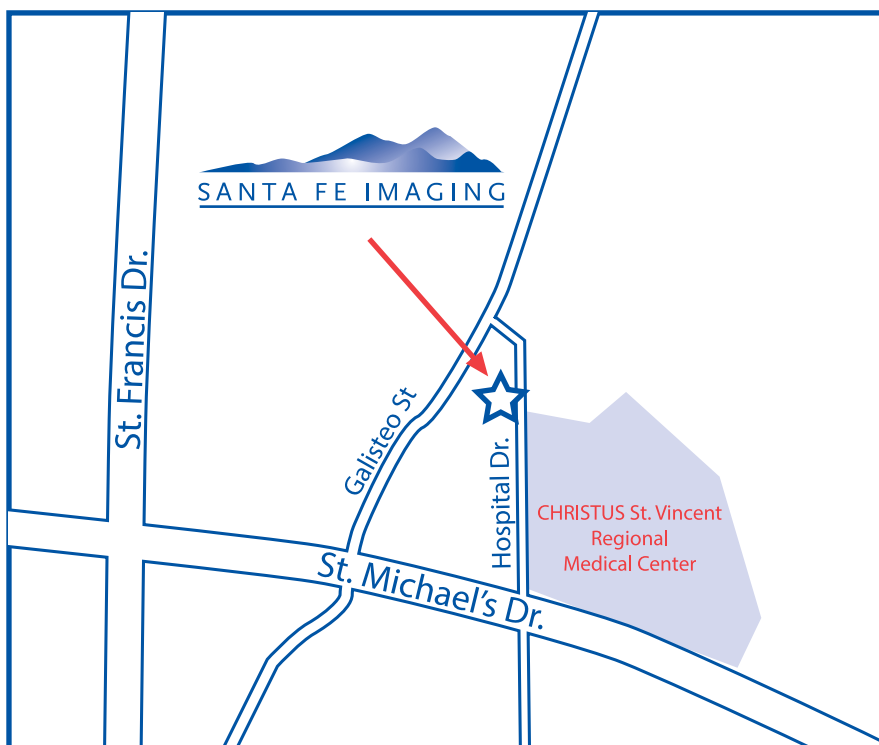
- To allow comparison of your current exam to previous exams, please bring films (or discs) of prior exams from other facilities with you to your exam at SFI – or ask the other facility to send copies to our Medical Records department before the date of your appointment.
- If possible, do not wear deodorant, powder or perfume to the exam.
- If feasible, wear two-piece clothing to facilitate preparing for the exam.

## BONE DENSITOMETRY

- Take no calcium tablets the day before or the day of the exam (within 24 hours).
- If feasible, wear clothing with NO zippers.

## ULTRASOUND

- **Early OB** (less than 14 weeks): drink 24 oz. of water, finishing 1 hour prior to exam. **DO NOT** empty bladder.
- **OB over 14 weeks:** No prep needed.
- **Pelvic:** Drink 24 oz. of water, finishing 1 hour prior to exam. **DO NOT** empty bladder.
- **Renal:** Drink 24 oz. of water, finishing 1 hour prior to exam. **DO NOT** empty bladder.
- **Abdominal:** Nothing by mouth after midnight the night prior to the exam (except medications with a minimal amount of water).
- If feasible, wear clothing with NO zippers.



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